every day 9:00 a.m. — 13:00 p.m.

BREAKFASTS

✓ Oatmeal with dried fruits 200/30 g | 350 can be cooked on milk or water

Coconut milk millet porridge with baked pumpkin and pumpkin seeds 250/20/5 g | 390

★ Cottage cheese casserole with cream cheese and home-made seasonal berry jam 210 g | 420

Fried cottage cheese patties with sour cream and home-made seasonal berry jam 150/30/30 g | 450

Healthy-breakfast 250 g | 550 egg, cold smoked trout, avocado, tomato, arugula

English breakfast 325 g | 680
2 eggs, bacon, vienna sausage, tomato, beans, green lettuce, home-made tartine bread

Bulgur with sun-dried tomatoes and stracciatella 190 g | 440

Rye-bread toast with 1/2 avocado, cream cheese and cold smoked trout 190 g | 620

Tartine toast with guacamole, stracciatella and sun-dried tomatoes 155 a | 520

X Hash Browns

• with sour cream 170/30 g \mid 430 • with cold smoked trout, pike caviar and sour cream 240 g \mid 680

Two scrambled eggs with 1/2 avocado and langoustines 225 g | 720

Shakshouka with home-made tartine bread 230/60 g | 450

Brioche bun benedict with cold smoked trout, avocado, spinach and hollandaise sauce $220\,\mathrm{g}$ | 640

☼ Omelet with two eggs, ricotta cheese, mortadella sausage and tartine-bread 190 g | 390

Two-Egg Omelet / Scramble /
Fried Eggs 100/15/10 g | 290
served with tartine bread and green lettuce

YOU CAN ADD:

Dried Fruits 30 g | 100

※ Bacon 30 g | 150

× Prosciutto Cotto 20 q | 150

X 1/2 of Avocado 60 g | 250

X Tomatoes 50 g | 150

DRINKS

Yoga Juice 0,21 | **340** apple / orange / tomato

Fresh Juice 0,251 | 450 orange / grapefruit / carrot / celery / apple

Espresso / Americano 0,03/0,18 | 240

Cappuccino 0,21 | 290

Latte 0,351 | 340

Flat white 0,181 | 330

Iced Coffee 0,351 | 340

Alternative Milk to Your Coffee 0,081 | 80

Red Tea 0,71 | 540

Assam / Earl Grey

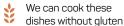
Green Tea 0,71 | 540

Japanese Sencha / Jasmine Bai Hao / Milk Oolong

Tea Drink 0,71 | 540

Mango and Yogurt / Buckwheat / Herbal / «Ivan-Tea»





ITALIAN CUISINE

Green Sicilian Olives 80 q | 390 X

Italian Platter 120/14 g | 970 \$

Coppa, Salame di Milano, Salame Napoli, Mortadella, Prosciutto Cotto

Cheese Platter 120/20/10 g | 1020 X

Trout Carpaccio 150 g | 970 \$

HOMEMADE PASTA AND RISOTTO

We make all pasta from ${\bf MOLINO}~{\bf GRASSI}$ original Italian durum wheat flour

Spaghetti Carbonara 290 g | **720 / 740** §

with gluten / gluten-free

Spaghetti Bolognese 330 g | 720 / 740 \$

with gluten / gluten-free

Macaroncini Siciliana 365 g | 720 / 740 \$

with gluten / gluten-free

Seafood Spaghetti 450 g | 1350 X

Duck Ravioli with Pepper Sauce 235 g | 720

Porcini Mushroom Risotto 350 q | 950 X

WOOD-FIRED PIZZA

We make the dough from MOLINO GRASSI original Italian soft wheat flour, let the dough proof for 48 hours and bake 30 cm pizza in the MORELLO FORNI wood-fired oven

We would be glad

to add these toppings

to your pizza:

Arugula 15 g | **200**

Parma Ham 50 g | **350**

Tomatoes 50 g | **200**

Mozzarella 60 g | 200

Champignons 60 g | 200

Margherita 350 g | 590 / 630 \$\frac{1}{3}\$ with gluten / gluten-free

Vegetariana 430 g | **690 / 730** \$\displays with gluten / gluten-free

Pepperoni 400 g | 740 / 780 \$\frac{1}{2}\$ with gluten / gluten-free

Ricotta and Coppa 400 g | 740 / 780 \$ with gluten / gluten-free

Ham and Mushroom 425 g | 740 / 780 \$\frac{1}{3}\$ with qluten / qluten-free

Four Cheese 350 g | 780 / 820 \$ with gluten / gluten-free

Smoked Duck Breast 420 g | 910 / 950 \$\frac{1}{3}\$ with gluten / gluten-free

FISH

Flounder Fillet

with Spinach and Tomatoes 100/100/30 g | 860 ×

Pike Perch and Venere (Black) Rice 120/100/30 g | 910 X

Soft Smoked Trout Rillet with Zucchini 130/90/30 g | 1050 💥

Halibut with Cooked Romaine and Pink Tomatoes 200 g | 1450 ※

Trout Kebab 130/40/30 g | 1350 \$



Calorie chart

BREAKFASTS

every day 9:00 a.m. — 13:00 p.m.

-17% off all menu items on weekdays 12:00 p.m. to 3:30 p.m.

HISTORY

he restaurant takes its name from the exemplary Benua farm, located on the territory of the Benua Garden at the beginning of the XX century. There was a cowshed in the building of the restaurant, and high-quality dairy products were produced on the farm.

Today, Ferma Benua is an object of cultural heritage of regional significance, it has been reconstructed according to preserved drawings and adapted for modern use.





We treat our guests with gluten intolerance with great care. Most of our dishes are gluten-free.



Ferma Benua is the only restaurant in Russia that has a Gluten-Free Cuisine Certificate. We cook all gluten-free dishes in a special workshop.

If you are allergic to any type of food, please inform the waiter.

AT THE FARM =

FOLLOWING THE RECIPES OF THE BENUA FAMILY IN OUR INTERPRETATION

Homemade Duck Pâté 120/60/25 g | 540 \$ served with brioche bun and seasonal chutney

Cake with Duck Rillettes and Cabbage 210/30 g | 670 served with creamy pepper sauce

Eggplant Caviar 250/120 g | 690 \$
served with central asian tandoor-baked flatbread

Vegetable Platter 500 g | 810 ₹ tomatoes, cucumbers, radishes, fresh herbs

Homemade meat delicacies: Smokehouse Duck $60g \mid 320 \%$ Smokehouse Turkey $60g \mid 320 \%$ Homemade Roast Beef $60g \mid 390 \%$

Herring à la Russe Served with Potato and Onion $\,$ 120/100/30 $_{g}$ $\,$ | $\,$ 470 $\, ^{\sharp}_{\odot}$

Pickles 470 g | 690 ★ squash, cherry tomatoes, sauerkraut, lightly salted cucumbers, red onion, wild cherru

Beef Stroganoff and Mashed Potatoes 200/150/20 q | 960 ※

Braised Beef with Cauliflower Puree, Grilled Romaine Lettuce and Confit Onion 270/130 g | 1450 ×

SALAD

Caesar Salad with Chicken / Langoustines 175 g | 630 / 790 \$

Green Salad with Avocado, Broccoli, Fennel, and Honey & Citrus Dressing 170 g | 640 ※

Sicilian Style Citrus Salad with Langoustines and Avocado 215 g | 890 €

Vegetable Salad with Olive Oil or Sour Cream 230/25 g | 480 × tomatoes, cucumbers, radishes, red onion, fresh herbs Salad with Smoked Turkey, Vegetables and Kenyan Beans $\,$ 190 g $\,|\,$ 670 $\mbox{\normalfont{\%}}$

Quinoa with Pumpkin, Greens, Goat Cheese and Pecan Nut $\,$ 225 g $\,\big|\,$ 710 $\, \cancel{\! \mathcal{K}} \,$

Georgian Salad with Bryndza Cheese and Walnut Dressing 235 g | 590 X

SOUP

Homemade Noodle Chicken Soup 350 g | 450 \$

Cream of Mushroom Soup 250 g | 480 💥

Ukrainian Borsch 350/40/20/5 g | **570** \$ served with homemade borodino bread and lard

Solyanka with Smoked Meat 350 q | 590

Marseille Seafood Soup 340/80/20 g \mid 720 $\stackrel{.}{\$}$ served with homemade tartine bread and aioli

Kharcho (Georgian Spicy Beef Stew) 330 g | 560 €

Lagman 450/20 g | **590**

Bread.....

Central Asian Tandoor-Baked Flatbread 120 g | 150

Rye Flatbread from Tandoor with Homemade Butter with Svanetian Salt & Spices 100/20 g | 170 Grissini 50 g | 200

Homemade Sourdough Bread and Butter 240/20 g | 320

Gluten-free Bread Basket and Butter 170/20 g | 320 €

Focaccia 180 g | **350**



Our Special Honey Cake Medovik 140 g | 450 X

Homemade Strawberry Sour Cream Cake $\,$ 185 g $\,|\,$ 470 $\,\cancel{\!\mathcal{K}}\,$

San Sebastian Cheesecake 120/15 g | 420 × served with seasonal berries tartare

Lemon Tart with Meringue 100 g | 420 №

Rum Baba with Cherry-Lingonberry Marmalade and Goat Milk Cream 150 g | 450 Chocolate Dessert with Buckwheat

Chocolate Dessert with Buckwhea Popcorn, Chocolate Caramel and Hazelnut Praline 110 g | 420 × Napoleon Cake with Lingonberry Jam 130 g | 420

Ice Cream 70 g | 220 ∜ Sorbet 70 g | 220 ※

X Gluten-free dishes \$\footnote{\text{\$}}\$ We can cook these dishes without gluten. For groups of 8 persons or more, a 10% service charge of the bill is added.

fermabenua info@fermabenua.ru Free wifi: free_Benua fermabenua.ru Chef Evgeny Volkov Manager Alyona Dolgusheva

CAUCASIAN AND CENTRAL ASIAN CUISINE

Eggplant with Walnuts 170 g | 640 💥

Dolma 180/40/6 g | **680** 💥

Uzbek Lamb Pilaf with Salad Achik-chuk 350/100 g | 910 ×

Megruli Khachapuri 390 g | 690

Adjarian Khachapuri 360 g | 690

DUMPLINGS

Homemade Pelmeni with Sour Cream, Broth and Butter 320/40 q | 620 \$

Vareniki Stuffed with Potatoes and Mushrooms / Cottage Cheese $220/40\,\mathrm{g}$ | 550 served with sour cream

Pork & Beef / Lamb Khinkali minimum 3 per order 90 g | 160 per 1 piece

MEAT

Benua Burger with Marbled Beef Patty and French Fries 320/100/30 g | 690

Benua Burger Gluten-Free with Marbled Beef Patty and Potato Wedges 320/100/30 g | 710 ×

Pork Ribs BBQ Fillet Burger with Smoked Potato 250/100/40 q | 710 \$

Confit Duck Leg with Champignon Sauce, Cabbage and Cumin 200/120/40 g \mid 1250 %

Skirt Steak

with Potatoes au Gratin 150/100/30 r | 1450 X

Striploin Steak 230/40 q | 2350 X

Chicken Kebab 230/40/40 g | 740 \$

Pork Kebab 230/40/40 g | 790 \$

Lamb Lyulya Kebab 140/60/40 g | 860 \$

Spicy Skirt Steak Kebab 170/40/30 g | 1080 \$

Pork Rib BBQ

with Pickled Red Cabbage 270/50 g | 760 X

Beef Tartare 120 g | 680 💥

SMOKER GRILL

Pork Belly with BBQ Sauce, Red Cabbage and Potato Wedges 150/100/50/30/30 g | 960 ×

Soft Smoked Chicken with Couscous and Pear Curry 220/90/40 g | 950

SIDE DISHES

Grilled Vegetables 200 g | 470 ₹

Grilled Corn 300 q | 390 💥

Potato Wedges 150 g | 320 imes

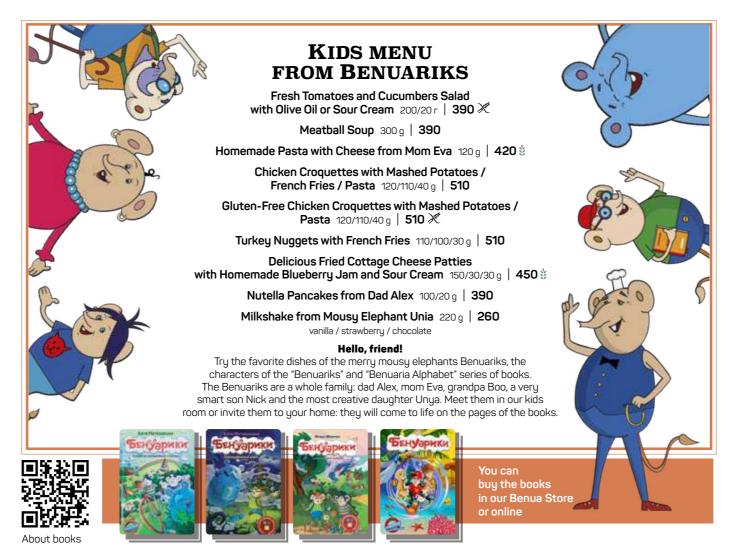
Mashed Potatoes 150 g | 320 **※**French Fries 100/30 g | 320

Buckwheat Baked with Parmesan 190 q | 420 X



RESTAURANT

IN A CITY WITH





AN EVENT AT FERMA BENUA

We will be happy to take over the organization of your special event. A separate event space on the second floor is suitable for holding small parties and celebrations of special magnificence for groups from 30 to 250 quests, and two separate halls on the first floor are suitable for holding small events with up to 30 guests.



More details

To organize an event, please contact our manager.

ANCHOR RESIDENT: BENUA SCHOOL.

cozy kitchen zone with a terrace.

teachers and resource teachers, an environment has been created where they can line up, share experience and embody their educational ideas. And a unique location of co-working space in a historical building of J. Benois' summer house creates a very special atmosphere.



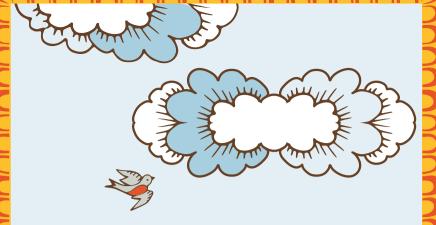




This leaflet is a promotional material. The officially approved menu with detailed information, certified by the signature and seal of the company, is provided at the first request of the guest.







MASLENITSA

Pancakes with chicken giblets and mushroom sauce • 630

Pancakes with trout rillettes, parmesan cream, and pickled zucchini • 760

Pancakes with cold-smoked trout • 690

Pancakes with red caviar • 970



Pancakes with sour cream and topping of choice • 450

honey / blueberry jam / sweetened condensed milk

Pancakes with mascarpone cream and fresh raspberries • 760

we can cook these dishes without gluten