

PORRIDGE

X Oatmeal with apple, raisin, and cinnamon compote 200/30 q | 420 can be cooked with coconut milk / cow's milk / water

Coconut milk millet porridge with baked pumpkin and pumpkin seeds 250/20/5 g | 450

- seasonal berry jam 250/60 q 450
- pesto sauce and poached egg 160/40/45 a 490

Rue-bread toast with 1/2 avocado, cream cheese and lightly salted salmon 190 g | 690

Brioche bun sandwich with tuna and guacamole 140 q 710

Tartine toast with mortadella, avocado and poached egg 200 g | 520

HASH BROWNS

- ₹ Hash Browns with lightly salted salmon, red caviar and sour cream 240 g | 750

COTTAGE CHEESE

Dumplings with cottage cheese 220/15/15 q 490 served with mascarpone cream and home-made seasonal berry jam

Fried cottage cheese patties with sour cream and seasonal berry jam 150/30/30 g | 490

EGGS

- Healthy-breakfast 250 q | 640 egg, lightly salted salmon, avocado, tomato, arugula
- English breakfast 325 q 790 2 eggs, bacon, vienna sausage, tomato, beans, green salad, home-made tartine bread
- Two scrambled eggs with shrimps and 1/2 avocado 225 q | 850

- Shakshouka with home-made tartine bread 230/60 q | 490
- Omelet with two eggs, ricotta cheese, mortadella sausage and tartine-bread 190 q 490
- Omelet / fried eggs / scrambled eggs 100/15/10 g | 350 serve with homemade tartine bread and a green salad

YOU CAN ADD



X Lightly salted salmon 25 g | 300

Prosciutto cotto 30 q 200

★ Tomatoes 50 a | 150



can be made gluten free

DRINKS

Fresh Juice 0,25 ml | 520

orange / grapefruit / carrot / celery / apple

Espresso / Americano 0,03/0,18 ml | 250

Cappuccino 0,2 ml | 290

Latte 0.35 ml | 350

Flat white 0,18 ml | 350

Iced Coffee 0.35 ml | 350

Alternative Milk 0,08 ml | 80

Yoga Juice 0,2 ml | 450

apple / orange / tomato

Red Tea 0.7 ml | 560

Assam / Earl Grey

Green Tea 0,7 ml | 560

Japanese Sencha / Jasmine Bai Hao /

Milk Oolong

Tea Drink 0,7 ml | 560

Mango and Yogurt / Buckwheat / Herbal /

«Ivan-Tea»

ITALIAN CUISINE

Green Sicilian Olives 80 q | 420 X

Italian Platter 120/14 g | 1020 \$

Coppa, Salame di Milano, Salame Napoli, Mortadella, Prosciutto Cotto

Cheese Platter 120/20/10 q | 1070 X

Lightly Salted Salmon Carpaccio 80/45/10/20 g | 970 \$

HOMEMADE PASTA AND RISOTTO

We make all pasta from MOLINO GRASSI original Italian durum wheat flour

Spaghetti Carbonara 290 g | 790 / 810 \$ with gluten / gluten-free

Spaghetti Bolognese 330 g | 790 / 810 \$\frac{1}{9}\$ with gluten / gluten-free

Seafood Spaghetti 450 g | 1450 X

Porcini Mushroom Risotto 350 g | 980 X

WOOD-FIRED PIZZA

We let the dough proof for 48 hours and bake 30 cm pizza in the **MORELLO FORNI** wood-fired oven

Margherita 350 g | 630 / 670 \$\frac{1}{2}\$ with gluten / gluten-free

Vegetariana 430 g | 690 / 730 \$\frac{1}{30}\$ with gluten / gluten-free

Pepperoni 400 g | 790 / 830 \$\frac{1}{8}\$ with gluten / gluten-free

Ham and Mushroom $425g \mid 790/830 \stackrel{$\stackrel{?}{$}}{$}$ with gluten / gluten-free

Four Cheese 350 g | 820 / 860 \$ with gluten / gluten-free

We would be glad to add these toppings to your pizza:

Arugula 15 g | 200
Parma Ham 50 g | 350
Tomatoes 50 g | 200
Mozzarella 60 g | 200

Champignons 60 g | 200

Smoked Duck Breast 420 g | 950 / 990 \$\frac{\pi}{9}\$ with gluten / gluten-free

FISH

Flounder Fillet

with Spinach and Tomatoes 100/100/30 g | 890 ×

Pike Perch and Venere (Black) Rice 120/100/30 g | 970 X

Soft Smoked Trout Rillet with Zucchini 130/90/30 q | 1050 ×

Cod fillet with carrot puree and baked carrots 100/100 г | 890 €

Pike Cutlets with Carrot Puree and Green Peas 100/85 r | 750 \$

Salmon Kebab 130/40/30 q | 1350 \$



Calorie chart

BREAKFASTS

every day 9:00 a.m. — 13:00 p.m.

-17% off all menu items on weekdays 12:00 p.m. to 3:30 p.m.

HISTORY

he restaurant takes its name from the exemplary Benua farm, located on the territory of the Benua Garden at the beginning of the XX century. There was a cowshed in the building of the restaurant, and high-quality dairy products were produced on the farm.

Today, Ferma Benua is an object of cultural heritage of regional significance, it has been reconstructed according to preserved drawings and adapted for modern use.





We treat our guests
with gluten intolerance with great care.
Most of our dishes are gluten-free.



Ferma Benua is the only restaurant in Russia that has a Gluten-Free Cuisine Certificate. We cook all gluten-free dishes in a special workshop.

If you are allergic to any type of food, please inform the waiter.

AT THE FARM

FOLLOWING THE RECIPES OF THE BENUA FAMILY IN OUR INTERPRETATION

Homemade Duck Pâté 120/60/25 g | 590 \$
served with brioche bun and seasonal chutney

Eggplant Caviar 250/120 g | **760** ∜ served with central asian tandoor-baked flatbread

Pickles 470 g | 690 €

squash, cherry tomatoes, sauerkraut, lightly salted cucumbers, red onion, wild cherry

Vegetable Platter 500 g | **860** ★ tomatoes, cucumbers, radishes, fresh herbs

Homemade Meat Delicacies: Smokehouse Duck $60g \mid 350 \%$ Smokehouse Turkey $60g \mid 350 \%$ Homemade Roast Beef $60g \mid 390 \%$

Herring à la Russe Served with Potato and Onion 120/100/30 g \mid 520 \sharp

Cake with Duck Rillettes and Cabbage 210/30 g | 690 served with creamy pepper sauce

Beef Stroganoff and Mashed Potatoes 200/150/20 g | 990 ※

Braised Beef with Cauliflower Puree, Grilled Romaine Lettuce and Confit Onion 270/130 g | 1570 ×

SALAD

Caesar Salad with Chicken / Shrimps 175 g | 710 / 830

Green Salad with Avocado, Broccoli, Fennel, and Honey & Citrus Dressing 170 g | 690 €

Sicilian Style Citrus Salad with Shrimps and Avocado 215 g | 890 ×

Vegetable Salad with Olive Oil or Sour Cream 230/25 g | 550 ★ tomatoes, cucumbers, radishes, red onion, fresh herbs Olivier Salad with Smoked Chicken 230 g \mid 550 \times we smoke-dry the chicken on apple-tree chips

Salad with Smoked Turkey, Vegetables and Kenyan Beans 190 g \mid 670 %

Quinoa with Pumpkin, Greens, Goat Cheese and Pecan Nut $225\,\mathrm{g}$ | 750 %

Georgian Salad with Bryndza Cheese and Walnut Dressing 235 $_g$ | 590 \Hat{K}

SOUP

Homemade Noodle Chicken Soup 350g | 490 \$

Cream of Mushroom Soup 250 g | 510 💥

Ukrainian Borsch 350/40/20/5 g | **570** \$ served with homemade borodino bread and lard

Solyanka with Smoked Meat 350 g | 590

Marseille Seafood Soup 340/80/20 g \mid 790 $\stackrel{<}{\$}$ served with homemade tartine bread and aioli

Kharcho

(Georgian Spicy Beef Stew) 330 g | 590 ×

Bread.....

Central Asian Tandoor-Baked Flatbread with Kakhetian Butter $120/20 \, \mathrm{g}$ | 210

Rye Flatbread from Tandoor with Homemade Butter with Svanetian Salt & Spices 100/20 g | 210 Borodino Bread with Anchovy Butter 200/30 g | 320

Homemade Sourdough Bread and Butter 240/20 g | 320

Grissini 50 g | 250

Gluten-free Bread Basket and Butter 170/20 g | 320 ¾

Focaccia 180 g | **350**

DESSERTS

Our Special Honey Cake Medovik 150 g \mid 450 %

San Sebastian Cheesecake 120/15 g | 450 ✗ served with seasonal berries tartare

Napoleon Cake with Lingonberry Jam $\,$ 130 g $\,|\,$ 450

Chocolate Dessert with Buckwheat Popcorn, Chocolate Caramel and Hazelnut Praline 110 g \mid 420 %

Lemon Tart with Meringue 100 g \mid 420 %

Ice Cream 70 g | 220 ∜ Sorbet 70 g | 220 ※

X Gluten-free dishes \$\footnote{\text{W}}\$ We can cook these dishes without gluten. For groups of 8 persons or more, a 10% service charge of the bill is added.

e fermabenua info@fermabenua.ru Free wifi: free_Benua fermabenua.ru Chef Evgeny Volkov Manager Alyona Dolgusheva

CAUCASIAN AND CENTRAL ASIAN CUISINE

Eggplant with Walnuts 170 g | 680 💥

Dolma 180/40/6 g | **720** 💥

Uzbek Lamb Pilaf with Salad Achik-chuk 350/100 g | 910 ×

Megruli Khachapuri 390 g | 750

DUMPLINGS

Homemade Pelmeni with Sour Cream, Broth and Butter 320/40 g | 650 \$

Vareniki Stuffed with Potatoes and Mushrooms / Cottage Cheese 220/40 g | 570 served with sour cream

MEAT

Benua Burger with Marbled Beef Patty and French Fries 320/100/30 g | 710

Benua Burger Gluten-Free with Marbled Beef Patty and Potato Wedges 320/100/30 g \mid 730 %

Confit Duck Leg with Champignon Sauce, Cabbage and Cumin 200/120/40 g | 1350 ×

Skirt Steak

with Potatoes au Gratin 150/100/30 r | 1450 ×

Striploin Steak 230/40 g | 2350 💥

Chicken Kebab 230/40/40 g | 820 \$

Pork Kebab 230/40/40 g | 820 \$

Lamb Lyulya Kebab 140/60/40 g | 890 \$

Spicy Skirt Steak Kebab 170/40/30 g | **1150** §

Pork Rib BBQ

with Pickled Red Cabbage 270/50 g | 820 X

Beef Tartare with Ranch Sauce and Potato Pie 120 g | 720 ₹

SMOKER GRILL

Pork Belly with BBQ Sauce, Red Cabbage and Potato Wedges 150/100/50/30/30 q | 1070 ×

SIDE DISHES

Grilled Vegetables 200 g | 470 ₹

Grilled Corn 300 g | 390 ※

Grilled Spitz Cabbage with Truffle Sauce 180/40/30 g | 470 ※

Potato Wedges 150 q | 320 X

Mashed Potatoes 150 g | 320 💥

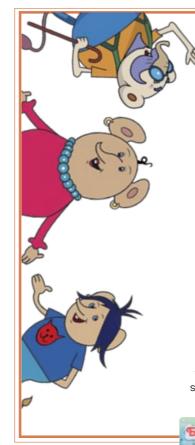
French Fries 100/30 g | **320**

Buckwheat Baked with Parmesan 190 q | 420 ×



RESTAURANT

IN A CITY WITH



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KIDS MENU FROM BENUARIKS

Fresh Tomatoes and Cucumbers Salad with Olive Oil or Sour Cream 200/20 r | 390 X

Meatball Soup 300 g | 390

Homemade Pasta with Cheese from Mom Eva $\,$ 120 g $\,$ | 420 $\,$ $\,$

Chicken Croquettes with Mashed Potatoes / French Fries / Pasta 120/110/40 g | 570

Gluten-Free Chicken Croquettes with Mashed Potatoes / Pasta 120/110/40 g | 570 %

Turkey Nuggets with French Fries 110/100/30 g | 570

Delicious Fried Cottage Cheese Patties with Homemade Jam and Sour Cream 150/30/30 g | 450 \$

Nutella Pancakes from Dad Alex 100/20 q | 390

Milkshake from Mousy Elephant Unia 220 g | 280

vanilla / strawberry / chocolate

Hello, friend!

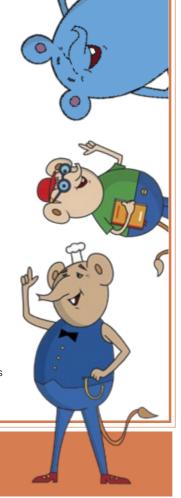
Try the favorite dishes of the merry mousy elephants Benuariks, the characters of the "Benuariks" and "Benuaria Alphabet" series of books. The Benuariks are a whole family: dad Alex, mom Eva, grandpa Boo, a very smart son Nick and the most creative daughter Unya. Meet them in our kids room or invite them to your home: they live on the pages of the books.













AN EVENT AT FERMA BENUA

We will be happy to take over the organization of your special event. A separate event space on the second floor is suitable for holding small parties and celebrations of special magnificence for groups from 30 to 250 quests, and two separate halls on the first floor are suitable for holding small events with up to 30 guests.



More details

To organize an event, please contact our manager.

cozy kitchen zone with a terrace.







teachers and resource teachers, an environment has been created where they can line up, share experience and embody their educational ideas. And a unique location of co-working space in a historical building of J. Benois' summer house creates a very special atmosphere.



This leaflet is a promotional material. The officially approved menu with detailed information, certified by the signature and seal of the company, is provided at the first request of the guest.



MENU



SUMMER MENU

- ₹ Burrata with Uzbek tomatoes 820
- Salad with homemade roast beef, arugula, dried tomatoes and baked potatoes • 710

Okroshka • 490 can be served with homemade kvass or yogurte

Mussel sauté with bisque sauce • 970 served with homemade brioche bun

DESSERTS

Meringue with seasonal berries, cream and a scoop of berry ice cream • 490



