. BREAKFASTS

PORRIDGE

Oatmeal with apple, raisin, and cinnamon compote 200/30 g | 420 can be cooked with coconut milk / cow's milk / water

Coconut milk millet porridge with baked pumpkin and pumpkin seeds 250/20/5 g | 450

- Coconut milk rice porridge with home-made seasonal berry jam 250/60 g | 450
- Green buckwheat with avocado, pesto sauce and poached egg 160/40/45 g 490

BREAD

Rye-bread toast with 1/2 avocado, cream cheese and lightly salted salmon 190 g | 690

Brioche bun sandwich with tuna and guacamole 140 g | 710

Tartine toast with mortadella, avocado and poached egg 200 g | 520

HASH BROWNS

- Hash Browns with sour cream 170/30 g 460
- Hash Browns with lightly salted salmon, red caviar and sour cream 170/30/240 g 750

COTTAGE Dumplings with cottage cheese 220/15/15 g | 490 served with mascarpone cream and home-made seasonal berry jam Fried cottage cheese patties with sour cream and seasonal berry jam 150/30/30 g | 490

EGGS

- Healthy-breakfast 250 g 640 egg, lightly salted salmon, avocado, tomato, arugula
- English breakfast 325 g | 790
 2 eggs, bacon, vienna sausage, tomato, beans, green salad, home-made tartine bread
- Two scrambled eggs with shrimps and 1/2 avocado 225 g | 850

- Shakshouka with home-made tartine bread 230/60 g | 490
- Omelet with two eggs, ricotta cheese, mortadella sausage and tartine-bread 190 g | 490
- Omelet / fried eggs / scrambled eggs 100/15/10 g | 350 serve with homemade tartine bread and a green salad

YOU CAN ADD

Bacon 30 g | 200
Lightly salted salmon 25 g | 300
Prosciutto cotto 30 g | 200
1/2 of avocado 60 g | 250
Tomatoes 50 g | 150



🕴 can be made gluten free

DRINKSFresh Juice 0,25 ml | 520
orange / grapefruit / carrot / celery / appleEspresso / Americano 0,03/0,18 ml | 250
Cappuccino 0,2 ml | 290
Latte 0,35 ml | 350
Flat white 0,18 ml | 350
Iced Coffee 0,35 ml | 350
Alternative Milk 0,08 ml | 80

Yoga Juice 0,2 ml **| 450** apple / orange / tomato

Red Tea 0,7 ml | 560 Assam / Earl Grey

Green Tea 0,7 ml | 560 Japanese Sencha / Jasmine Bai Hao / Milk Oolong

Tea Drink 0,7 ml | 560 Mango and Yogurt / Buckwheat / Herbal / «Ivan-Tea»



≫ gluten free dish

ITALIAN CUISINE

Green Sicilian Olives 80 g | 420 💥

Italian Platter 120/14 a 970 \$ Coppa, Salame di Milano, Salame Napoli, Mortadella, Prosciutto Cotto

Cheese Platter 120/20/10 g | 1020 💥

Trout Carpaccio 80/45/10/20 g | 970 \$

HOMEMADE PASTA AND RISOTTO

We make all pasta from MOLINO GRASSI original Italian durum wheat flour

Spaghetti Carbonara 290 g | 790 / 810 👙 with aluten / aluten-free

Spaghetti Bolognese 330 g | 790 / 810 \$ with aluten / aluten-free

Macaroncini Siciliana 365 g | 790 / 810 \$ with gluten / gluten-free

Seafood Spaghetti 450 g | 1450 💥

Duck Ravioli with Pepper Sauce 235 g | 790

Porcini Mushroom Risotto 350 g | 980 💥

WOOD-FIRED PIZZA

We make the dough from **MOLINO GRASSI** original Italian soft wheat flour, let the dough proof for 48 hours and bake 30 cm pizza in the MORELLO FORNI wood-fired oven

Margherita 350 g | 590 / 630 \$ with gluten / gluten-free

Vegetariana 430 g | 690 / 730 \$ with gluten / gluten-free

Pepperoni 400 g | 790 / 830 \$ with gluten / gluten-free

Ricotta and Coppa 400 g | 790 / 830 👙 with gluten / gluten-free

Ham and Mushroom 425 g | 790 / 830 \$ with gluten / gluten-free

Four Cheese 350 g | 820 / 860 🐇 with aluten / aluten-free

Smoked Duck Breast 420 g | 950 / 990 \$ with gluten / gluten-free

FISH

Flounder Fillet with Spinach and Tomatoes 100/100/30 g | 890 💥

Pike Perch and Venere (Black) Rice 120/100/30 g | 970 X

Soft Smoked Trout Rillet with Zucchini 130/90/30g | 1050 💥

Cod fillet with carrot puree and baked carrots 100/100 r | 860 💥

Grilled Squid with Brussels Sprouts and Tomato Salsa 100/90 r | 860 💥

Calorie

chart

Pike Cutlets with Carrot Puree and Green Peas 100/85 r | 720 \$

Trout Kebab 130/40/30 g | 1350 \$



to your pizza: Arugula 15 g | 200 **Tomatoes** 50 g | **200** Mozzarella 60 g | 200

Champignons 60 g | 200

BREAKFASTS every day 9:00 a.m. - 13:00 p.m.

off all menu items on weekdays /0 12:00 p.m. to 3:30 p.m.

HISTORY

he restaurant takes its name from the exemplary Benua farm, located on the territory of the Benua Garden at the beginning of the XX century. There was a cowshed in the building of the restaurant, and high-quality dairy products were produced on the farm.

Today, Ferma Benua is an object of cultural heritage of regional significance, it has been reconstructed according to preserved drawings and adapted for modern use.





We treat our guests with gluten intolerance with great care. Most of our dishes are gluten-free.



Ferma Benua is the only restaurant in Russia that has a Gluten-Free Cuisine Certificate. We cook all gluten-free dishes in a special workshop.

> If you are allergic to any type of food, please inform the waiter.

Cake with Duck Rillettes

served with creamy pepper sauce

Grilled Romaine Lettuce

SOUP

Kharcho

and Cabbage 210/30 g | 670

Beef Stroganoff and Mashed

Potatoes 200/150/20 g | 990 💥

Braised Beef with Cauliflower Puree,

and Confit Onion 270/130 g | 1570 💥

Homemade Noodle Chicken Soup 350 g | 450 \$

Cream of Mushroom Soup 250 g | 480 💥

Solyanka with Smoked Meat 350 g | 590

Marseille Seafood Soup 340/80/20 g | 760 \$

(Georgian Spicy Beef Stew) 330 g | 560 💥

Ukrainian Borsch 350/40/20/5 g | 570 \$

served with homemade borodino bread and lard

served with homemade tartine bread and aioli

AT THE FARM =

FOLLOWING THE RECIPES OF THE BENUA FAMILY IN OUR INTERPRETATION

Homemade Duck Pâté 120/60/25 g | 540 👙 served with brioche bun and seasonal chutney

Eggplant Caviar 250/120 g | 760 \$ served with central asian tandoor-baked flatbread

Pickles 470 g | 690 💥 squash, cherry tomatoes, sauerkraut, lightly salted cucumbers, red onion, wild cherry

Vegetable Platter 500 g | 860 X tomatoes, cucumbers, radishes, fresh herbs

Homemade Meat Delicacies: Smokehouse Duck 60 g | 350 💥 Smokehouse Turkey 60 g | 350 💥 Homemade Roast Beef 60 g | 390 💥

Herring à la Russe Served with Potato and Onion 120/100/30 g 470 \$

SALAD

Caesar Salad with Chicken / Langoustines 175 g | 670 / 830 \$

Green Salad with Avocado, Broccoli, Fennel, and Honey & Citrus Dressing 170 g | 640 💥

Sicilian Style Citrus Salad with Langoustines and Avocado 215 g | 890 🕅

Vegetable Salad with Olive Oil or Šour Cream 230/25 g | 520 💥 tomatoes, cucumbers, radishes, red onion, fresh herbs

BREAD.....

Central Asian Tandoor-Baked Flatbread with Kakhetian Butter 120/20 g | 190

Rue Flatbread from Tandoor with Homemade Butter with Svanetian Salt & Spices 100/20 g | 190

Our Special Honey Cake Medovik 150 g | 450 ×

Homemade Strawberry Sour Cream Cake 185 g | 470 🕅

San Sebastian Cheesecake 120/15 g 420 💥 served with seasonal berries tartare

Olivier Salad with Smoked Chicken 230 g | 460 💥 we smoke-dry the chicken on apple-tree chips at own smoke-house

Salad with Smoked Turkey, Vegetables and Kenyan Beans 190 g | 670 X

Quinoa with Pumpkin, Greens, Goat Cheese and Pecan Nut 225 g | 730 💥

Georgian Salad with Bryndza Cheese and Walnut Dressing 235g | 590 💥

Grissini 50 g | 200

Gluten-free Bread Basket and Butter 170/20 g | 320 💥

Focaccia 180 g | 350

Lagman 450/20g | 590

Napoleon Cake with Lingonberry Jam 130 g | 420 Ice Cream 70 g | 220 \$ Sorbet 70 g | 220 💥

🗶 Gluten-free dishes 🕴 We can cook these dishes without gluten. For groups of 8 persons or more, a 10% service charge of the bill is added. 🛯 fermabenua info@fermabenua.ru Free wifi: free_Benua fermabenua.ru

Chef Evgeny Volkov Manager Alyona Dolgusheva

Borodino Bread with Anchovu Butter 200/30 a | 320

> Homemade Sourdough Bread and Butter 240/20 g | 320

DESSERTS

Lemon Tart with Meringue 100 g | 420 💥 Rum Baba with Cherry-Lingonberry Marmalade and Goat Milk Cream 150 g | 450

Chocolate Dessert with Buckwheat Popcorn, Chocolate Caramel and Hazelnut Praline 110 g | 420 💥

We would be glad to add these toppings Parma Ham 50 g | 350

CAUCASIAN AND CENTRAL ASIAN CUISINE

Eggplant with Walnuts 170 g | 640 💥

Dolma 180/40/6 g | 680 💥

Uzbek Lamb Pilaf with Salad Achik-chuk 350/100 g | 910 💥

Megruli Khachapuri 390 g | 750

Adjarian Khachapuri 360 g | 750

DUMPLINGS

Homemade Pelmeni with Sour Cream, Broth and Butter 320/40 a | 620 \$

Vareniki Stuffed with Potatoes and Mushrooms / Cottage Cheese 220/40 g 550 served with sour cream

Pork & Beef / Lamb Khinkali minimum 3 per order 90 g | **210** per 1 piece

MEAT

Benua Burger with Marbled Beef Patty and French Fries 320/100/30 g 690

Benua Burger Gluten-Free with Marbled Beef Patty and Potato Wedges 320/100/30 g | 710 💥

Pork Ribs BBQ Fillet Burger with Smoked Potato 250/100/40 g | 710 \$

Confit Duck Leg with Champignon Sauce, Cabbage and Cumin 200/120/40 g | 1350 💥

Skirt Steak with Potatoes au Gratin 150/100/30 r | 1450 💥

Striploin Steak 230/40 g | 2350 💥

Chicken Kebab 230/40/40 g | 790 \$

Pork Kebab 230/40/40 g | 790

Lamb Lyulya Kebab 140/60/40 g | 890 🕯

Spicy Skirt Steak Kebab 170/40/30 g | 1150 \$

Pork Rib BBQ with Pickled Red Cabbage 270/50 g | 820 💥

Beef Tartare with Ranch Sauce and Potato Pie 120 g | 680 💥

SMOKER GRILL

Pork Belly with BBQ Sauce, Red Cabbage and Potato Wedges 150/100/50/30/30 g | 1050 💥 Soft Smoked Chicken with

Couscous and Pear Curry 220/90/40 g | 950

SIDE DISHES

Grilled Vegetables 200 g | 470 💥 Grilled Corn 300 g | 390 💥 Grilled Spitz Cabbage with Truffle Sauce 180/40/30 g | 470 💥 Potato Wedges 150 g | 320 💥 Mashed Potatoes 150 g | 320 💥 French Fries 100/30 g | 320 Buckwheat Baked with Parmesan 190 a | 420 💥



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Delicious Fried Cottage Cheese Patties with Homemade Jam and Sour Cream 150/30/30 g | 450 Nutella Pancakes from Dad Alex 100/20 g | 390

You can buy the books in our Benua Store



KIDS MENU FROM BENUARIKS Fresh Tomatoes and Cucumbers Salad with Olive Oil or Sour Cream 200/20 r | 390 Meatball Soup 300 g | 390 Homemade Pasta with Cheese from Mom Eva 120 g | 420 Chicken Croquettes with Mashed Potatoes / French Fries / Pasta 120/110/40 g | 550

Gluten-Free Chicken Croquettes with Mashed Potatoes / Pasta 120/110/40 g \mid 550 %

Turkey Nuggets with French Fries 110/100/30g | 550 Delicious Fried Cottage Cheese Patties

Nutella Pancakes from Dad Alex 100/20 g | 390 Milkshake from Mousy Elephant Unia 220 g | 260 vanilla / strawberry / chocolate Hello, friend! Try the favorite dishes of the merry mousy elephants Benuariks, the characters of the "Benuariks" and "Benuaria Alphabet" series of books. The Benuariks are a whole family: dad Alex, mom Eva, grandpa Boo, a very smart son Nick and the most creative daughter Unya. Meet them in our kids room or invite them to your home: they live on the pages of the books.



AN EVENT AT FERMA BENUA

We will be happy to take over the organization of your special event. A separate event space on the second floor is suitable for holding small parties and celebrations of special magnificence for groups from 30 to 250 guests, and two separate halls on the first floor are suitable for holding small events with up to 30 guests.



More details

To organize an event, please contact our manager.

WELCOME TO THE FIRST EDUCATIONAL CO-WORKING SPACE BENUA CAMPUS PAGE. MODERN FLEXIBLE SPACE OF PAGE CHAIN WITH AN ANCHOR RESIDENT: BENUA SCHOOL.



the summer house of architect Julius Benois, you'll find 3 floors and 167 workplaces, comfortable offices, spacious conference hall, webinar room, telephone and meeting rooms, as well as cozy kitchen zone with a terrace.

BENUA CAMPUS PAGE is the space where education, business, and cooperation merge together. For companies and professionals in education, including tutors, coaches, teachers and resource teachers, an environment has been created where they can line up, share experience and embody their educational ideas. And a unique location of co-working space in a historical building of J. Benois' summer house creates a very special atmosphere.





This leaflet is a promotional material. The officially approved menu with detailed information, certified by the signature and seal of the company, is provided at the first request of the guest.





