

#### **PORRIDGE**

Oatmeal with apple, raisin, and cinnamon compote 200/30 q | 420 can be cooked with coconut milk / cow's milk / water

Coconut milk millet porridge with baked pumpkin and pumpkin seeds 250/20/5 g | 450

- Coconut milk rice porridge with home-made seasonal berry jam 250/60 q 450
- pesto sauce and poached egg 160/40/45 g | 490

#### BREAD

Rue-bread toast with 1/2 avocado, cream cheese and lightly salted salmon 190 q | 690

Tartine toast with mortadella, avocado and poached egg 200 a | 520

#### **HASH BROWNS**

- Hash Browns with lightly salted salmon, red caviar and sour cream 240 q | 790

#### COTTAGE CHEESE

Dumplingswith cottage cheese 220/15/15 g 490 Fried cottage cheese patties served with mascarpone cream and home-made seasonal berry jam

with sour cream and seasonal berry jam 150/30/30 g | 490

#### **EGGS**

- Healthy-breakfast 250 g | 640 egg, lightly salted salmon, avocado, tomato, arugula
- English breakfast 325 q 790 2 eggs, bacon, vienna sausage, tomato, beans, green salad, home-made tartine bread
- Two scrambled eggs with shrimps and 1/2 avocado 225 g | 850

- Shakshouka with home-made tartine bread 230/60 q 490
- 3 Omelet with two eggs, ricotta cheese, mortadella sausage and tartine-bread 190 g | 490
- Omelet / fried eggs / scrambled eggs 100/15/10 q | 350 serve with homemade tartine bread and a green salad

#### **YOU CAN ADD**



X Lightly salted salmon 25 g 300

X Prosciutto cotto 30 g | 200 X 1/2 of avocado 60 q | 250

X Tomatoes 50 g | 150



X gluten free dish

👸 can be made gluten free

#### DRINKS

Fresh Juice 200 ml | 490

orange / grapefruit / carrot / celery / apple

Espresso / Americano 300/180 ml | 250

Cappuccino 200 ml | 290

Latte 350 ml | 350

Flat white 180 ml | 350

Iced Coffee 350 ml | 350

Alternative Milk 80 ml | 80

Yoga Juice 200 ml | 450 apple / orange / tomato

Red Tea 350/700 ml | 280/560 Assam / Earl Grey

Green Tea 350/700 ml | 280/560 Japanese Sencha / Jasmine Bai Hao / Milk Oolong

Tea Drink 350/700 ml | 280/560 Mango and Yogurt / Buckwheat / Herbal / «Ivan-Tea»

### ITALIAN CUISINE

Green Sicilian Olives 80 g | 450 X

Italian Platter 120/14 g | 1020 \$

Coppa, Salame di Milano, Salame Napoli, Mortadella, Prosciutto Cotto

Cheese Platter 120/20/10 g | 1070 💥

Lightly Salted Salmon Carpaccio 80/45/10/20 q | 1050 \$

### HOMEMADE PASTA AND RISOTTO

We make all pasta from MOLINO GRASSI original Italian durum wheat flour

Spaghetti Carbonara 290 g | 850 / 910 \$

with aluten / aluten-free

Spaghetti Bolognese 330 q | 850 / 910 \$

with gluten / gluten-free

Macaroncini Siciliana 365 q | 850 / 910 \$

with gluten / gluten-free

Seafood Spaghetti 450 g | 1650 💥

Duck Ravioli with Pepper Sauce 235 g | 910

Burrata and Leek Ravioli 250 q | 850

Orzo with Braised Beef Cheek 250 g | 1100

Porcini Mushroom Risotto 350 g | 1150 X

### WOOD-FIRED PIZZA

We let the dough proof for 48 hours and bake 30 cm pizza in the MORELLO FORNI wood-fired oven

We would be glad

to add these toppings

to your pizza:

**Arugula** 15 g | **200** 

Parma Ham 50 q | **350** 

Tomatoes 50 q | 200

Mozzarella 60 g | 200

Champignons 60 g | 200

Margherita 350 g | 630 / 670 \$ with gluten / gluten-free

Vegetariana 430 g | 690 / 730 \$ with gluten / gluten-free

Pepperoni 400 q | 790 / 830 \$ with aluten / aluten-free

Ham and

Mushroom 425 q | 790 / 830 \$ with gluten / gluten-free

Braised Pear with Gorgonzola 390 g | 890 / 930 with aluten / aluten-free

Four Cheese 350 g | 850 / 890 \$ with gluten / gluten-free

Smoked Duck Breast 420 q | 950 / 990 \$ with gluten / gluten-free

### **FISH**

Pike Perch and Venere (Black) Rice 120/100/30 q | 970 X

Soft Smoked Trout Rillet with Zucchini 130/90/30 q | 1150 X

Cod fillet with carrot puree and baked carrots 100/100 r | 890 💥

Grilled Squid with Brussels Sprouts and Tomato Salsa 100/90 g | 890 💥

Pike Cutlets with Carrot Puree and Green Peas 100/85 r | 750 \$

Salmon Kebab 130/40/30 a | 1350 \$

**Grilled Octopus with Potatoes** and Tomato Sauce 70/110 g | 1750 💥



Calorie chart

# BREAKFASTS

every day 9:00 a.m. - 13:00 p.m.

off all menu items on weekdays .m. a 3:30 p.m. to 3:30 p.m.

#### **HISTORY**

he restaurant takes its name from the exemplary Benua farm, located on the territory of the Benua Garden at the beginning of the XX century. There was a cowshed in the building of the restaurant, and high-quality dairy products were produced on the farm.

Today, Ferma Benua is an object of cultural heritage of regional significance, it has been reconstructed according to preserved drawings and adapted for modern use.





We treat our guests with gluten intolerance with great care. Most of our dishes are gluten-free.



Ferma Benua is the only restaurant in Russia that has a Gluten-Free Cuisine Certificate. We cook all gluten-free dishes in a special workshop.

> If you are allergic to any type of food, please inform the waiter.

# AT THE FARM =

FOLLOWING THE RECIPES OF THE BENUA FAMILY IN OUR INTERPRETATION

Homemade Duck Pâté 120/60/25 q | 590 \$ served with brioche bun and seasonal chutney

Eggplant Caviar 250/120 g | 850 \$ served with central asian tandoor-baked flatbread

Homemade Meat Delicacies: Smokehouse Duck 60 g | 350 X Smokehouse Turkey 60 g | 350 💥 Homemade Roast Beef 60 q | 390 € Vegetable Platter 500 g | 860 X tomatoes, cucumbers, radish, celery, paprika, yogurt sauce

Pickles 470 g | 750 💥 squash, cherry tomatoes, sauerkraut, lightly salted cucumbers, red onion, wild cherry

Cake with Duck Rillettes and Cabbage 210/30 q | 690 served with creamy pepper sauce

Herring à la Russe Served with Potato and Pickled Onion 120/100/30 q | 520 \$

Cabbage Rolls with Chicken and Tomato Sauce 140/60 g | 690 X

Beef Stroganoff and Mashed Potatoes 200/150/20 q | 990 X

Braised Beef with Cauliflower Puree, **Grilled Romaine Lettuce** and Confit Onion  $\,$  270/130  $\,$ g  $\,$  | 1570  $\,$ X $\,$ 

### SALAD

Caesar Salad with Chicken / **Shrimps** 175 q | **710 / 850** \$

Green Salad with Avocado, Broccoli, Fennel, and Honey & Citrus Dressing 170 g | 690 X

Sicilian Style Citrus Salad with Shrimps and Avocado 215 q | 950 X

Vegetable Salad with Olive Oil or Šour Cream 230/25 g | **550** 💥 tomatoes, cucumbers, radishes, red onion, fresh herbs Olivier Salad with Smoked Chicken 230 g | 550 X we smoke-dry the chicken on apple-tree chips

Salad with Smoked Turkey, Vegetables and Kenyan Beans 190 q | 670 X

Quinoa with Pumpkin, Greens, Goat Cheese and Pecan Nut 225 q | 750 X

Georgian Salad with Bryndza Cheese and Walnut Dressing 235 g | 650 X

### SOUP

Homemade Noodle Chicken Soup 350 g | 490 \$

Cream of Mushroom Soup 250 q | 550 X

Ukrainian Borsch 350/40/20/5 g | 570 \$ served with homemade borodino bread and lard

Solyanka with Smoked Meat 350 g | 590

Marseille Seafood Soup 340/80/20 q | 850 \$ served with homemade tartine bread and aioli

(Georgian Spicy Beef Stew) 330 g | 650 X

**Lagman** 450/20 g | **650** 

### Bread.....

Central Asian Tandoor-Baked Flatbread with Kakhetian Butter 120/20 a | 210

Rue Flatbread from Tandoor with Homemade Butter with Svanetian Salt & Spices 100/20 q | 210

Borodino Bread with Anchovu Butter 200/30 a | 320

Homemade Sourdough Bread and Butter 240/20 g | 320

Grissini 50 a | 250

Gluten-free Bread Basket and Butter 170/20 q | 320 X

Focaccia 180 q | 350

# NESSERTO

Our Special Honey Cake Medovik with Walnuts 150 g | 450 X

San Sebastian Cheesecake 120/15 q | 550 X served with seasonal berries tartare

🏋 Gluten-free dishes 🖐 We can cook these dishes without gluten.

For groups of 8 persons or more, a 10% service charge of the bill is added.

Napoleon Cake with Lingonberry Jam 130 g | 550

Homemade Apple Puff Pastry **Pie** 180/70 g | **650** served with a scoop of vanilla ice cream

Meringue with Seasonal Berries and Cream 90/40 g | 550 💥 served with a scoop of berry ice cream

Homemade chocolate truffle 20 g | 150 💥 orange and cinnamon / earl grey and cardamom / coffee

Macaron 25 a | 150 💥 Ice Cream 70 q | 220 \$ Sorbet 70 g | 220 💥

fermabenua info@fermabenua.ru Free wifi: free\_Benua fermabenua.ru

Chef Evgeny Volkov Manager Alyona Dolgusheva

## CAUCASIAN AND **CENTRAL ASIAN CUISINE**

Eggplant with Walnuts 170 g | 680 💥

**Dolma** 180/40/6 g | **750** 💥 served with mint-yogurt sauce

Uzbek Lamb Pilaf with Salad Achik-chuk 350/100 g | 950 X

Megruli Khachapuri 390 g | 750 Adjarian Khachapuri 360 g | 750

### **DUMPLINGS**

Homemade Pelmeni with Sour Cream, Broth and Butter 320/40 a | 650 \$

Vareniki Stuffed with Potatoes and Mushrooms / Cottage Cheese 220/40 q | 570 served with sour cream

Pork & Beef / Lamb Khinkali

minimum 3 per order 90 q | 210 per 1 piece

### MEAT

Benua Burger with Marbled Beef Patty and French Fries 320/100/30 g | 730

Benua Burger Gluten-Free with Marbled Beef Patty and Potato Wedges 320/100/30 q | 750 X

Confit Duck Leg with Champignon Sauce, Cabbage and Cumin 200/120/40 g | 1450 X

with Potatoes au Gratin 150/100/30 r | 1550 X

Striploin Steak 230/40 q | 2450 X Chicken Kebab 230/40/40 g | 850 \$

Pork Kebab 230/40/40 g | 850 \$ Chicken Lyulya Kebab 180/70/40 g | 850 \$

Lamb Lyulya Kebab 140/60/40 g | 950 \$

Spicy Skirt Steak Kebab 170/40/30 q | 1450 \$

Pork Rib BBQ

with Pickled Red Cabbage 270/50 g | 850 X

Beef Tartare with Ranch Sauce and Potato Pie 120 g | 750 💥

served from Thursdau to Sundau

Grilled Lamb Ribs with pickled onions and tomato sauce 350/40/40 g | 2250 💥

# SMOKER GRILL

Pork Belly with BBQ Sauce, Red Cabbage and Potato Wedges 150/100/50/30/30 g 1150 X

Soft Smoked Chicken with Couscous and Pear Curry 220/90/40 g | 1050

smoked macerel with Grilled Lemon, Chimichurri Sauce and Cucumber Relish 400/140/50 a | 1650 X a dish for two

# SIDE DISHES

Grilled Vegetables with Pesto Sauce 200 g | 470 ×

Grilled Corn 300 q | 390 ※

Grilled Spitz Cabbage

with Truffle Sauce 180/40/30 g | 470 X

Potato Wedges 150 g | 320 X Mashed Potatoes 150 g | 320 💥

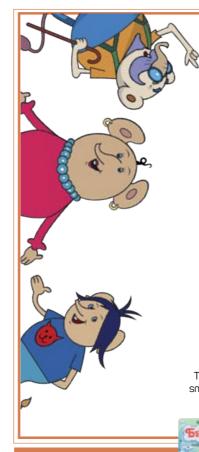
French Fries 100/30 q | 320

Buckwheat Baked with Parmesan 190 a | 420 X



RESTAURANT

IN A CITY WITH



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# KIDS MENU FROM BENUARIKS

Fresh Tomatoes and Cucumbers Salad with Olive Oil or Sour Cream 140/20 r | 390 X

Meatball Soup 300 g | 390

Homemade Pasta with Cheese from Mom Eva  $\,$  120 g  $\,$  | 420  $\,$   $\,$ 

Chicken Croquettes with Mashed Potatoes / French Fries / Pasta 80/80/15 g | 570

Gluten-Free Chicken Croquettes with Mashed Potatoes / Pasta 80/80/15 g  $\mid$  570 %

Turkey Nuggets with French Fries 80/70/15 g | 570

**Delicious Fried Cottage Cheese Patties** with Homemade Jam and Sour Cream 150/30/30 g | 490 \$

Nutella Pancakes from Dad Alex 100/20 q | 390

Milkshake from Mousy Elephant Unia 220 g | 280 vanilla / strawberry / chocolate

#### Hello, friend!

Try the favorite dishes of the merry mousy elephants Benuariks, the characters of the "Benuariks" and "Benuaria Alphabet" series of books. The Benuariks are a whole family: dad Alex, mom Eva, grandpa Boo, a very smart son Nick and the most creative daughter Unya. Meet them in our kids room or invite them to your home: they live on the pages of the books.















# AN EVENT AT FERMA BENUA

We will be happy to take over the organization of your special event. A separate event space on the second floor is suitable for holding small parties and celebrations of special magnificence for groups from 30 to 250 quests, and two separate halls on the first floor are suitable for holding small events with up to 30 guests.



More details

To organize an event, please contact our manager.

ANCHOR RESIDENT: BENUA SCHOOL.

cozy kitchen zone with a terrace.

teachers and resource teachers, an environment has been created where they can line up, share experience and embody their educational ideas. And a unique location of co-working space in a historical building of J. Benois' summer house







creates a very special atmosphere.





